



National Institute
of Nursing Research

Areas of Research Emphasis from the National Institute of Nursing Research



Rebecca Henry PHD, BSN

Program Director, National Institute of Nursing Research



NATIONAL INSTITUTE OF
**NURSING
RESEARCH**

NINR Mission

To **promote** and **improve** the health of individuals, families, and communities.

To **achieve** this mission, NINR supports and conducts clinical and basic research and research training on health and illness at all stages of life.



Strategic Plan

Four areas of scientific focus:

- Symptom Science
- Wellness
- Self-Management
- End-of-Life and Palliative Care

and two cross-cutting areas:

- Innovation and Technology
- Training and Career Development for Nurse Scientists



Symptom Science

- Applying new knowledge in biology and behavior, including genomics and biomarkers, to better understand symptoms that occur with acute and chronic illnesses
- Developing personalized health strategies to manage symptoms



Wellness

- Promoting long-term health, including healthy behaviors, and preventing illness
- Understanding physical, social, behavioral, and environmental causes of illness and determinants of health
- Developing culturally-tailored interventions to prevent illness and promote health



Self-Management

- Engaging individuals and families as active participants in maintaining and improving quality of life while living with chronic conditions
- Examining self-management interventions that integrate environmental factors, caregivers, and health professionals to promote functional health and well-being



End-of-Life & Palliative Care

- Managing the symptoms of advanced, serious illness
- Planning for end-of-life decisions
- Understanding the unique challenges, barriers, personal experiences faced by individuals of all ages with advanced illness



NINR Contact Person and Website

Rebecca Henry; Program Director, (contact for SGM research)

Rebecca.henry@nih.gov

<https://www.ninr.nih.gov/researchandfunding/desp>

