

Sexual and Gender Minority Health Research at NIMHD

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NIH National Institute
on Minority Health
and Health Disparities

Definitions

Minority Health Research

Focuses on health determinants that lead to specific outcomes within one or more racial/ethnic minority groups.

Health Disparities Research

Focuses on understanding and addressing poorer health outcomes in health disparity populations.

Current NIH-designated health disparity populations:

- Racial/ethnic minorities
- Socioeconomically disadvantaged populations
- Underserved rural populations
- Sexual and gender minorities



NIMHD Priorities for SGM Research

Health Disparities (HD) Research

- Social determinants of health disparities in SGM populations
 - Minority stress, stigma and discrimination, lack of access to culturally competent healthcare
- The impact of intersectionality with SGM status and other health disparity populations on health outcomes
- Disparities relative to non-SGM populations or within SGM populations

Minority Health Research

- Population health for racial/ethnic minority SGM populations



NIMHD Priorities for SGM HD Research

- Studies are expected to include samples representative of the target SGM population with respect to race/ethnicity, SES, and rural/urban residence.
- Studies are not required to include a non-SGM comparison within the study but need to be centered around demonstrated or hypothesized poorer outcomes.



SGM HD Topics Outside of NIMHD Mission

- *Biological/genetic studies of DSD/intersex or other SGM statuses
 - *Medical treatment/procedures related to gender affirmation for transgender populations
 - *Sexual/gender identity development, relationship dynamics, family functioning, etc. in SGM populations not tied to poorer health outcomes
 - SGM populations outside of the US
- *Projects on these topics that focused primarily on racial/ethnic minority populations would fall within the NIMHD mission as minority health SGM research.

